

ASSOCIATION OF DIABETES EDUCATORS

in collaboration with HDDT

10th Annual Virtual Conference

**Bridging Gaps and Building Knowledge in
Diabetes Education**

ADECON 2024

14th & 15th December 2024

★ *Eminent Faculty* ★ *Didactic Lectures*

★ *Workshop on Insulin Therapy: Making it Safe and Effective*



Conference Secretariat

Patron: Dr. (Prof) H.B. Chandalia

Chairpersons

Dr. (Prof) H.B. Chandalia

Dr. Shobha Udipi

Secretaries:

Scientific Committee

Dr. Meenakshi Bajaj

Ms. Sonal Chandalia

Organizing Committee

Ms. Sonal Chandalia

Dr. Meenakshi Bajaj

Scientific Programme

DAY 1

14th December 2024, Saturday

Time: 2:30 PM – 5:45 PM

2:30 PM - 5:45 PM

Workshop On Insulin Therapy: *Making It Safe and Effective*

Chairpersons:



**Meenakshi
Bajaj**



Debasis Basu



**H. B.
Chandalia**

2:30 PM - 2:50 PM

Choosing Appropriate Insulin



Ameya Joshi

2:50 PM - 3:10 PM

Patient Initiation & Education



**Shubhda
Bhanot**

3:10 PM - 3:30 PM

Tackling Insulin Resistance in
Type 2 Diabetics



Kavita Gupta

3:30 PM - 3:50 PM

Insulin Titration



Sheryl Salis

3:50 PM - 4:10 PM

Optimum Insulin Regime



**Shaival
Chandalia**

4:10 PM - 4:30 PM

Minimizing Hypoglycemia



**Sudip
Chatterjee**

4:30 PM - 5:00 PM

Once Daily Insulin in Clinical
Practice: *Looking through the
Patient's view: Clinical Case
Studies*



Rahul Baxi

5:00 PM - 5:45 PM



Audience Participation & Discussion



Scientific Programme

DAY 2



15th December 2024, Sunday

Time: 9:00 AM – 4:55 PM



9:00 AM - 9:30 AM	Session 1 Nutrition Bytes I	Chairpersons:  Anuradha Mukherjee  Vibha Hasija
-------------------	--	--

9:00 AM - 9:15 AM	Chrono-nutrition: <i>From Principles to Practice</i>	 Niti Desai
9:15 AM - 9:30 AM	Nutritional Strategies to Reduce Post-Prandial Hyperglycemia	 Priyangee Lahiry



9:30 AM - 9:45 AM	INAUGURAL SESSION
-------------------	--------------------------

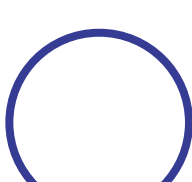

9:45 AM - 10:55 AM	Session 2 Diabetes Education & Counselling	Chairpersons:  Anuj Maheswari  Shobha Udipi
--------------------	---	--

9:45 AM - 10:05 AM	Role of Artificial Intelligence in Diabetes Education and Management: <i>Will AI Replace Diabetes Educators?</i>	 TBA
10:05 AM - 10:25 AM	Role of Behavioral Medicine in Diabetes Management	 Sreemoyee Tarafder Chattopadhyay
10:25 AM - 10:45 AM	Managing Diabetes on Sick Days: <i>Effective Strategies for Type 1 and Type 2 Diabetes</i>	 Meena Chhabra
10:45 AM - 10:55 AM	Discussion	

10:55 AM - 12:05 PM	Session 3 Prevention	Chairpersons:  Vijay Vishwanathan  H. B. Chandalia
---------------------	---------------------------------------	---

10:55 AM - 11:15 AM	Diabetes Reversal: <i>Hype Hope or Happening</i>	 Purvi Chawla
11:15 AM - 11:35 AM	Prevention of Foot Problems in Diabetes	 Rajiv Kovil
11:35 AM - 11:55 AM	The 4th Trimester: <i>Window of Opportunity for Prevention of T2DM in GDM Patients</i>	 Debasis Basu
11:55 AM - 12:05 PM	Discussion	



12:05 PM - 12:55 PM	Session 4 Exercise	Chairpersons:  Niti Desai  Rakesh Kumar
---------------------	-------------------------------------	--



12:05 PM - 12:25 PM	Individualizing Exercise Prescription in People with Diabetes	 TBA
12:25 PM - 12:45 PM	Individualizing Exercise Prescription in People with Diabetes with Complications <ul style="list-style-type: none">● <i>Physical Problems (Osteoarthritis Knees, Hip; Neuropathy)</i>● <i>Cardiovascular & Pulmonary Complications</i>	 Ashish Contractor
12:45 PM - 12:55 PM	Discussion	

12:55 PM - 1:40 PM	Session 5	Chairpersons:
	Nutrition Bytes II	 Arpita Ghosh Deb  Ratnaraje Thar



12:55 PM - 1:10 PM	Non-Nutritive Sweeteners	 Meenakshi Bajaj
1:10 PM - 1:25 PM	Diabetic Gastroparesis: <i>Nutritional Approaches</i>	 Sanghamitra Chakravarti
1:25 PM - 1:40 PM	Individualizing Protein Prescription in Diabetic Kidney Disease	 Zamurrud Patel

1:40 PM - 2:10 PM LUNCH BREAK



2:10 PM - 3:00 PM	Session 6	Chairpersons:
	Monitoring & Evaluation	 Sudip Chatterjee  Shaival Chandalia


2:10 PM - 2:30 PM	Glycemic Sixer: <i>From Tools to Target</i>	 Gaurab Bhaduri
2:30 PM - 2:50 PM	Fallacies of Glycemic Monitoring Technology: <i>SMBG, HbA1c and CGMS</i>	 Vijay Negalur
2:50 PM - 3:00 PM	Discussion	

3:00 PM - 3:50 PM	Session 7	Chairpersons:
	Diabetes & Gastrointestinal Conditions	 Sonal Chandalia  H. B. Chandalia

3:00 PM - 3:20 PM	MAFLD and Type 2 Diabetes: <i>Exploring the Link and Management Strategies</i>	 A Shanmugam
3:20 PM - 3:40 PM	Gut Health: <i>Unveiling the Microbiome's Role in Obesity</i>	 Rajesh Rajput
3:40 PM - 3:50 PM	Discussion	

3:50 PM - 4:40 PM	Session 8	Chairpersons:
	Miscellaneous	 Rishi Shukla  C.R. Anand Moses

3:50 PM - 4:10 PM	The Overlooked Connection: <i>Addressing Sleep Apnea in Type 2 Diabetes</i>	 Rajiv Mathur
4:10 PM - 4:30 PM	Deeper Insights into Adverse Effects of SGLT2 Inhibitors in Diabetes	 V Mahadevan
4:30 PM - 4:40 PM	Discussion	

4:40 PM - 4:50 PM	<i>Announcement of Awards</i>	 Shobha Udipi
-------------------	-------------------------------	---

4:50 PM - 4:55 PM	<i>Vote of Thanks</i>	 Sonal Chandalia
-------------------	-----------------------	--

“Certificate of Participation for the 10th Annual Conference, ADECON 2024 will be provided to delegates on successful completion of the one-and-a-half-day conference”

Faculty List

Meenakshi Bajaj

Gaurab Bhaduri

Hemraj B. Chandalia

Sudip Chatterjee

Meena Chhabra

Niti Desai

Ameya Joshi

Priyangee Lahiry

Rajiv Mathur

Vijay Negalur

Sheryl Salis

Ratnaraje Thar

Debasis Basu

Shubhda Bhanot

Shaival Chandalia

Sreemoyee Tarafder
Chattopadhyay

Ashish Contractor

Kavita Gupta

Rajiv Kovil

V. Mahadevan

C.R. Anand Moses

Zamurrud Patel

A. Shanmugam

Shobha Udipi

Rahul Baxi

Sanghamitra Chakravarti

Sonal Chandalia

Purvi Chawla

Arpita Ghosh Deb

Vibha Hasija

Rakesh Kumar

Anuj Maheshwari

Anuradha Mukherjee

Rajesh Rajput

Rashi Shukla

Vijay Vishwanathan

Dear Colleagues!

It gives us great pleasure to extend a warm invitation to the 10th Annual Conference of Association of Diabetes Educators

ADECON 2024 is a one-and-a-half-day conference that is being held on 14th and 15th December 2024 in virtual mode.

Bridging gaps and building knowledge in diabetes education is possible by empowering diabetes educators through education in all areas of diabetes care. Since diabetes educators play a pivotal role in management of diabetes, this conference will update your knowledge in all areas of diabetes education so that you can arm your patients confidently with all the latest tools available. For this, we have some of the best national faculty.

This conference is suitable for dietitians, nurses, pharmacists and physiotherapists. Undergraduate students can attend this meeting to learn about the subject while exploring this field.

The faculty will consist of eminent diabetes educators, endocrinologists and diabetologists.

[We look forward to your participation in ADECON 2024](#)

NATIONAL EXECUTIVE COMMITTEE MEMBERS OF THE ASSOCIATION OF DIABETES EDUCATORS

President: Dr (Prof) H. B Chandalia, Mumbai

Vice President: Dr (Prof) Shobha Udipi, Mumbai & Ms Salome Benjamin, Mumbai

Secretaries: Ms Niti Desai, Mumbai & Dr Kavita Gupta, Nagpur

Treasurer: Dr Meenakshi Bajaj, Chennai

Executive Committee Members

Dr Shaival Chandalia, Mumbai; Ms Sonal Chandalia, Mumbai; Ms Shubhda Bhanot, New Delhi; Dr Meenakshi Bajaj, Chennai; Ms Priyangi Lahiry, Kolkata; Ms Megha Gupta, New Delhi.

ADECON 2024

Conference Secretariat

Patron: Dr. (Prof) H.B. Chandalia

Chairpersons

Dr. (Prof) H.B. Chandalia

Dr. Shobha Udipi

Secretaries:

Scientific Committee

Dr. Meenakshi Bajaj

Ms. Sonal Chandalia

Organizing Committee

Ms. Sonal Chandalia

Dr. Meenakshi Bajaj

REGISTRATION FEE

	EARLY BIRD OFFER valid upto 30 th November 2024 12:00 AM Midnight IST (Inclusive of all taxes)	REGULAR From 12:00 AM IST on 1 st December 2024 & Spot Registration (Inclusive of all taxes)
Member	Rs. 620	Rs. 999
Non-member	Rs. 995	Rs. 1250

Payment details:

- All payments to be made through the registration link.

For Membership:

- Non-members are advised to apply for membership simultaneously with registration by filling and uploading the application form before checking the eligibility criteria available on <https://www.diabeteseducatorsindia.com/>
- After filling the membership form, kindly upload on the ademembers@gmail.com with the required fee

Association of Diabetes Educators

10th Annual Virtual Conference

REGISTRATION FORM

Name: _____ DOB: _____

Address: _____

Educational Qualification: _____

Work Experience: _____

Currently employed at: _____

Contact No: _____ Email id: _____

Member of ADE If YES _____ Membership No: _____

NO _____ Membership applied _____

Certificate of attendance will be provided to only those delegates who attend the entire conference

For Membership / Conference Related Queries

Please write to ademembers@gmail.com

or

IT Related Queries

For Login: Vismay Gandhi - +91 6358860194

For Registration: Sminal Patil - +918788131863

Organised by:



Registered Office:

18 Kala Bhavan, 3 Mathew Road,
Mumbai 400 004, India

 23633695

Digital Partner


CME network