



## **Theme:**

Diabetes  
Management  
in Special  
Populations

*Virtual*



# **ADE REGCON Virtual, 2021**

*August 1, 2021 (Sunday)  
9:30AM - 2:00PM*

## **Who should attend?**

- Doctors (Endocrinologists, Diabetologists, General Physicians)
- Dietitians & Nutritionists
- Diabetes Educators
- Nurses
- Pharmacists
- Academicians in relevant fields
- Students (Medical, Nutrition & Dietetics, Nursing, Pharmacy)
- Any other HCP involved in or interested in diabetes management



**Register Now**

*(Free but Mandatory)*



# Organizing Committee

Organizing Secretary

**Ms. Priyangee Lahiry**

Organizing Committee

**Prof. Dr. H.B Chandalia**

**Ms. Niti Desai**

**Dr. Kavita Gupta**

**Ms. Meenakshi Bajaj**

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**Ms. Sonal Modi**

# Scientific Program

## Inauguration

09:30AM - 09:45AM

### Section 1: Glycaemic management in acute illness

09:45AM - 10:05AM

#### Glycaemic management in the ICU

Chairperson:

**Dr. Debashis Basu**

Sr. Consultant, Diabetes and Preventive Cardiology,  
Apollo Gleneagles Hospital, Kolkata

Speaker:

**Dr. Shaival Chandalia**

Consultant Endocrinologist & Diabetologist  
Jaslok Hospital,  
Mumbai

10:05AM - 10:25AM

#### Nutrition support in critically ill diabetic patients

Chairperson:

**Ms. Salome Benjamin**

Ex HOD, Dietetics,  
TN Medical College & Nair Hospital,  
Mumbai

Speaker:

**Ms. Sanghamitra Chakravarty**

HOD, Dept. of Nutrition & Dietetics, Medica Super Specialty Hospital,  
Kolkata

10:25AM - 11:05AM

#### Panel Discussion: Diabetes management post Covid 19

Moderator:

**Prof. Dr. Nilanjan Sengupta**

Prof & HOD,  
Dept. of Endocrinology,  
NRS Medical College, Kolkata

Panelists:

**Dr. Anirban Sinha**

Consultant Endocrinologist,  
AMRI Hospital, Mukundapur,  
Kolkata

**Ms. Arpita Ghosh Deb**

Sr. Dietitian,  
Bellevue Clinic,  
Kolkata

**Ms. Sonal Modi**

Chief Dietitian & Diabetes Educator,  
DENMARCO, Mumbai

**Dr. Brita Datta**

Family physician, attached with AMRI Hospital,  
Dhakuria, Kolkata

**11:05AM - 11:30AM**

## ***Rapid Fire-I***

**Moderator:**

**Ms. Paromita Das Dutta**

Dietitian,  
CNCI,  
Kolkata

**B. Artificial sweeteners,  
present scenario:**

**Dr. Kavita Gupta**

HOD,  
Dept. of Dietetics, DRDC,  
Nagpur

**A. The blue zone diet:**

**Ms. Meenakshi Bajaj**

Dietitian, Tamil Nadu  
Govt Multi Super Specialty  
Hospital, Chennai

**C. Dairy in diabetes:**

**Ms. Niti Desai**

Consultant Nutritionist,  
Mumbai

## ***Section 2: Diabetes in geriatric population***

**11:30AM - 11:50AM**

## ***Diabetes management in the elderly- Special considerations***

**Chairperson:**

**Prof. Dr. H. B. Chandalia**

Director,  
DENMARC,  
Mumbai

**Speaker:**

**Dr. Gourab Bhaduri**

Consultant Endocrinologist,  
Medica Super specialty  
Hospital, Kolkata

**11:50AM - 12:10PM**

## ***Dietary management of diabetes in the elderly***

**Chairperson:**

**Dr. Shobha Udipi**

Hon Director, Integrative  
Nutrition & Ayuraceuticals,  
Kasturba Health Society-  
Medical Research Centre

**Speaker:**

**Ms. Priyangee Lahiry**

Clinical Dietitian,  
Care Continuum,  
Kolkata

## Section 3: Diabetes & Mental Health

12:10PM - 12:40PM

### Panel Discussion: Diabetes management in mental Illnesses- Challenges and management strategies

Moderator:  
**Prof. Dr.Shubhankar Chowdhury**  
Prof & HOD,  
Dept of Endocrinology,  
IPGMER & SSKM Hospital,  
Kolkata

**Dr. Poorna Chandrika**  
Director, Institute of  
Mental Health,  
Chennai

Panelists:  
**Dr. Bidita Bhattacharya**  
Associate Professor,  
Institute of Psychiatry,  
Kolkata

**Ms. Rachael Critchell**  
Clinical Nurse Specialist,  
Diabetes EducationService,  
Fremantle Hospital,  
Perth, Australia

12:40PM - 01:10PM

### Rapid Fire-II

Moderator:  
**Ms. Niti Desai**  
Consultant Nutritionist,  
Mumbai

**A. Blood glucose as the 5th vital sign:**  
**Dr. Benny Negalur**  
Consultant Physician &  
Diabetologist, Thane,  
Mumbai

**C. SMBG Vs. CGMS:**  
**Ms. Sheryl Sails**  
Clinical Dietitian &  
Diabetes Educator, Director,  
Nurture Health Solutions

**B. HbA1c Vs. Time in Range:**  
**Ms. Shubhda Bhanot**  
Chief Diabetes Educator  
& Nutritionist,  
Max Super specialty Hospital,  
Saket, New Delhi

**D. Intermittent Fasting in diabetes:**  
**Ms. Ipsita Chakravarty**  
HOD, Dept. of Dietetics,  
CMRI Hospital, Kolkata

01:10PM - 01:25PM

### Industry Session

Toustar - First in India dedicated cartridge by Sanofi

Speaker:  
**Dr. Arjun Nair**  
Medical Advisor,  
Sanofi

01:25PM - 01:35PM

### Industry Session

Roche Diabetes Care Platform-  
An Integrated approach to Personalized Diabetes Management

**Dr. Sayan Das**  
Medical Advisor,  
San Roche Diabetes Care

**Mr. Bhupinder Sing**  
Head, RDCP, India,  
Roche Diabetes Care

01:35PM - 01:50PM

### Open Forum

01:50PM - 02:00PM

### Announcements and Vote of Thanks